Welcome to the Self Aid/Buddy Aid for the Law Enforcement Officer course at Ohio Peace Officer Training Academy Tactical Training Center. This is not a “basic first aid” course. You will be learning the essential skills necessary to save your life or the life of another before an ambulance can even be dispatched—and, when possible, remain capable of protecting yourself and others. This course will not teach specific tactics; however, you will learn application of medical treatment in the context of what you already know and do as a police officer, adding another tool to the toolbox of tactics, techniques, and procedures.

At the conclusion of this course, you will be able to:

- Prioritize actions in the direct-threat environment
- Balance potential risks and benefits of casualty treatment when an active threat is present
- Stop bleeding with a commercially available tourniquet and dressing
- Maintain breathing with a nasopharyngeal airway
- Use appropriate drags and carries to move a casualty out of direct threat

Please review these YouTube videos in preparation for using some of the equipment.

- Tourniquet application: [http://www.youtube.com/watch?v=3-WnRUi5UZI](http://www.youtube.com/watch?v=3-WnRUi5UZI)
- One-handed tourniquet application: [http://www.youtube.com/watch?v=tzXNsfsesUb0](http://www.youtube.com/watch?v=tzXNsfsesUb0)
- Self-application of tourniquet to leg: [http://www.youtube.com/watch?v=LDN03FgUhxU](http://www.youtube.com/watch?v=LDN03FgUhxU)
- Nasopharyngeal airway placement: [http://www.youtube.com/watch?v=fR5JsmGg6e8](http://www.youtube.com/watch?v=fR5JsmGg6e8)

During scenarios, weapons (guns, TASERS, knives, batons, etc.) will need to be locked in your vehicle to prevent any accident during training.