

DRUG ADDICTION AFFECTS ALL OHIOANS

Know the facts:

- Opiate pain pills, fentanyl and heroin are all opioids.
- Accidental opioid overdoses kill more than 11 people every day in Ohio.
- One in five Ohio residents knows someone struggling with heroin addiction.
- Naloxone is a medication used to reverse the effects of an opioid overdose.

Know the signs of opioid abuse or addiction:

- Sudden dramatic weight loss
- Dramatic changes in sleep patterns
- Constipation without reasonable explanation
- Small or pinpoint pupils
- Unexplained missing personal items and money
- Changes in expected emotional response and rapid mood swings



Know the symptoms of opioid overdose:

- Bluish nail beds and lips, pale or grayish skin tone
- Noisy and irregular breathing, respiratory arrest, cardiac arrest

Know where to get assistance for you or your loved one:

- If you suspect an overdose, call 911.
- For nonemergency assistance, call the Ohio Department of Mental Health and Addiction Services' toll-free help line at **877-275-6364**; text "**4hope**" to **741741** to reach the crisis line; or visit **www.RecoveryIsBeautiful.org**.



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