

COURSE OF FIRE QUICK REFERENCE SHEET

Loading	Complete proper loading procedures and holster	
Stage 1 Distance: 4 ft. Time: 5 sec. Rounds: 3	Action: On signal draw to close quarters retention position and fire three rounds into the preferred area After Action: Upon completion, take appropriate post shooting actions	
Stage 2 Distance: 9 ft. Time: 6 sec. Rounds: 3	Action: On signal, take flanking step while drawing. Fire two rounds into the preferred area of the torso and then one round to the head circle After Action: Upon completion, take appropriate post shooting actions. <i>(Instructor note: Instructor can call "hip circle" if range capabilities don't allow head shots. Score targets upon completion of this stage)</i>	
Stage 3A Distance: 12 ft. Time: 8 sec. Rounds: 4 Stage 3B Distance: 12 ft. Time: 7 sec. Rounds: 4	Action: Stage 3A On signal, take a flanking step while drawing. Fire 4 rounds into the preferred area with dominant hand only After Action: 1. Upon completion, take appropriate post shooting actions and remain at the high ready position with the pistol in the dominant hand 2. On command, transfer the pistol to the non-dominant hand & remain at a chest ready/compressed ready position	Action: Stage 3B On signal, take a flanking step while presenting to the target. Fire 4 rounds into the preferred area, non-dominant hand only After Action: Upon completion, take appropriate post shooting actions
Stage 4 Distance: 20 ft. Time: 12 sec. Rounds: 6	*Note: The pistol needs to be prepared with 1 round in the chamber and 2 in the magazine. 3 rounds total. Action: 1. On signal, take a flanking step while drawing & fire three rounds into the preferred area 2. On slide lock, take a flanking step in the opposite direction while reloading 3. Fire three additional rounds into the preferred area After Action: Upon completion, take appropriate post shooting actions	
Stage 5 Distance: 30 ft. Time: 8 sec. Rounds: 3	Action: On signal, take a flanking step while drawing & fire three rounds into the preferred area After Action: Upon completion, take appropriate post shooting actions	
Stage 6 Distance: 50 ft. Time: 8 sec. Rounds: 2	Action: On signal, take a flanking step while drawing & fire two rounds into the preferred area After Action: Upon completion, take appropriate post shooting actions	
Unloading	Complete proper un-loading and clearing procedures	

RANGE PROFICIENCY RECORD: SEMI-AUTO PISTOL

Name: _____ Agency: _____

Weapon make: _____ Model: _____ Serial #: _____

Hits in the preferred area (**PA**) count as a plus one (+1).

Hits in the non-preferred area (**NPA**) and inside of the silhouette outline are zero (0).

Rounds not fired (**NF**) are zero (0).

Rounds outside of the silhouette outline (**MISS**), off the target (**MISS**), fired over the time limit (**OT**), or any extra rounds fired (**ERF**) are minus 1 (-1).

Stage 1 PA: ____ NPA: ____ NF: ____ MISS: ____ OT: ____ ERF: ____

Stage 2 2 hits in the preferred area, one hit in the head circle or hip circle

PA: ____ NPA: ____ NF: ____ MISS: ____ OT: ____ ERF: ____ Head Miss: ____

Stage 3A PA: ____ NPA: ____ NF: ____ MISS: ____ OT: ____ ERF: ____

Stage 3B PA: ____ NPA: ____ NF: ____ MISS: ____ OT: ____ ERF: ____

Stage 4 PA: ____ NPA: ____ NF: ____ MISS: ____ OT: ____ ERF: ____

Stage 5 PA: ____ NPA: ____ NF: ____ MISS: ____ OT: ____ ERF: ____

Stage 6 PA: ____ NPA: ____ NF: ____ MISS: ____ OT: ____ ERF: ____

Subtotals: _____ MISS: ____ OT: ____ ERF: ____ Head Miss: ____

Total: _____ (PASSING IS A MINIMUM OF 20)

Date tested: _____ Passed: _____ Failed: _____

Tested by: _____ REQ#: _____ Exp: _____