



## Student Health Data

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: Male Female  
Last First Middle

School Name: \_\_\_\_\_ Course Number: \_\_\_\_\_

Do you have any physical or psychological limitations/injuries that might in any way restrict your full participation in physical activities during training?

\_\_\_\_ Yes \_\_\_\_ No If yes, please describe: \_\_\_\_\_  
\_\_\_\_\_

Student's Signature \_\_\_\_\_

Date \_\_\_\_\_

**This section to be completed by medical professional (medical doctor (MD), osteopath (DO), physician's assistant (PA), or certified nurse practitioner (CNP), licensed by the Ohio State Medical Board or the Ohio State Board of Nursing, or a neighboring state's equivalent, or a medical professional with the US Department of Veterans' Affairs.):** This physical examination should ascertain any conditions which may preclude the student's ability to participate in, or which may be aggravated by, scenario based training. As a part of refresher training, the student may engage in calisthenics, running, jumping, wrestling, unarmed self-defense, firearms, driving and other physically demanding exercises.

Height: \_\_\_\_\_ feet \_\_\_\_\_ inches Weight: \_\_\_\_\_ pounds Resting Pulse Rate: \_\_\_\_\_ beats per minute Blood Pressure: \_\_\_\_\_/ \_\_\_\_\_

Does the patient have a medical history of, or presently demonstrate symptoms of, any of the following?

Yes No

- \_\_\_\_ 1. Uncorrected visual deficiency
- \_\_\_\_ 2. Major impairment of the senses
- \_\_\_\_ 3. Asthma or Breathing difficulties
- \_\_\_\_ 4. Heart attack; Angina Pectoris
- \_\_\_\_ 5. Stroke
- \_\_\_\_ 6. Hemorrhage
- \_\_\_\_ 7. Hypertension
- \_\_\_\_ 8. Allergies \_\_\_\_\_

Yes No

- \_\_\_\_ 9. Dizziness/Fainting
- \_\_\_\_ 10. Back/Neck injury or recurrent pain
- \_\_\_\_ 11. Communicable diseases
- \_\_\_\_ 12. Amputation/Prosthetic devices
- \_\_\_\_ 13. Bone/joint injury or recurrent pain
- \_\_\_\_ 14. Taking medication that may impair training
- \_\_\_\_ 15. Under physician's continuing care

Please note any other condition(s) not listed above which may affect the student's participation. Also please explain each "Yes" response above, indicating the item number:

\_\_\_\_\_  
\_\_\_\_\_

**As a result of my physical examination, I have determined that the student can, without limitation, safely function in all phases of strenuous physical training including, but not limited to, running, jumping, wrestling, control and compliance, firearms, driving and scenario-based training.**

Signature of Medical Professional \_\_\_\_\_

Printed/Typed Name with Title (MD, DO, PA or CNP) \_\_\_\_\_

License Number \_\_\_\_\_

Issuing State \_\_\_\_\_

Phone Number \_\_\_\_\_

Address \_\_\_\_\_

Date of Examination \_\_\_\_\_

City, State, Zip \_\_\_\_\_

- Please give completed form back to the student to be emailed to [opotaregistration@ohioago.gov](mailto:opotaregistration@ohioago.gov)
- This medical clearance is valid for one (1) year from the date of examination unless the participant experiences a significant illness, injury, surgery, hospitalization or other medical condition that could affect safe participation.