

Don't reply

 Bullies want to know they have scared, upset, or worried you.

Don't delete the messages

• You don't need to read them, but they are evidence of bullying. Report it.

Don't try to solve the problem on your own. Tell a parent or trusted adult if:

- You receive or are asked to send an inappropriate text or picture via cell phone or e-mail.
- You receive physical threats.
- You feel harassed, intimidated, or bullied.

Do remember strategies you can use to deal with online harassment

- Tell the person in writing to stop.
- · Save the message.
- Block or "unfriend" the person.

Resources



OHIO

Ohio Attorney General Crime Victim Section 800-282-0515 www.OhioAttorneyGeneral.gov/Victims

Ohio Department of Education www.ode.state.oh.us

Ohio Suicide Foundation www.ohiospf.org

NATIONAL

National Center for Missing and Exploited Children www.cybertipline.com

Netsmartz
For kids: www.netsmartzkids.org
For teens: www.NSTeens.org

WebWiseKids www.webwisekids.org

National Crime Prevention Council www.ncpc.org

Digital Citizenship www.digitalcitizenship.net

Digi Teens
Digiteen.ning.com

On Guard Online www.onguardonline.gov



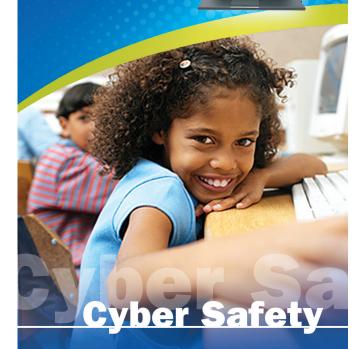


www.OhioAttorneyGeneral.gov



Stay Cyber Safe

Ohio children and teens rely on technology to communicate, learn, and socialize. Keep these tips near your family computer to help kids stay safe online.





TIPS FOR PARENTS

Set the ground rules for technology use

- Research the devices you buy your child to better understand what technological capabilities you are bringing into your home.
- Establish basic guidelines such as what websites your children can visit and what is an appropriate text message.
- Use Internet filters and software to make sure children can only access safe, approved sites.



Remember that nothing on the Internet is private or can be permanently deleted

- Set privacy settings for your children on social networking sites.
- Remind children that anything sent via the Internet or a cell phone can be recovered, even if deleted, or forwarded to others.
- Let your children know you'll be monitoring their use — and be sure to follow through!

Talk about unethical technology use and outline the consequences

- Remind your children that making threats or saying mean things in a post, message, or cell phone call will not be tolerated.
- Make it clear that technology —
 computers, games, TVs, cell phones is
 a privilege and can be taken away if
 abused.

REPORT! If your kids are dealing with cyberbullies or potential predators, file a report with your cell phone provider, law enforcement, school officials or cybertipline.com



Be anonymous and protect yourself

- Never send personal information to strangers or agree to meet with someone you have met online.
- Don't post your last name, address, phone number, hometown, or other personal information.
- Don't "check in" at your favorite hangouts on Facebook or other sites.

Post with caution

- You will be judged by your online reputation. What does yours say about you?
- Don't post anything online or send anything from your cell phone that you would not want the whole world — including your parents and your entire school

- to see!