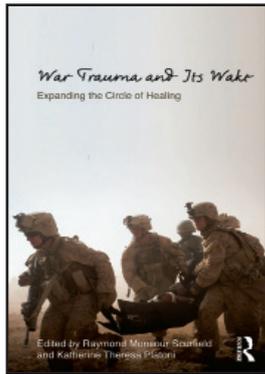


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War Trauma and Its Wake

Expanding the Circle of Healing

Edited by Raymond M. Scurfield and Katherine T. Platoni

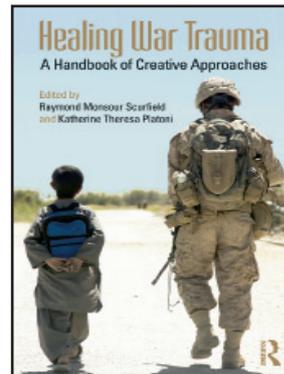
Decades after Charles Figley's landmark *Trauma and Its Wake* was published, our understanding of trauma has grown and deepened, but we still face considerable challenges when treating trauma survivors. This is especially the case for professionals who work with veterans and active-duty military personnel. *War Trauma and Its Wake*, then, is a vital book. The editors—one a contributor to *Trauma and Its Wake*, the other an Army Reserve psychologist with four deployments—have produced a book that addresses both the specific needs of particular warrior communities as well as wider issues such as battlemind, guilt, suicide, and much, much more. The editors' and contributors' deep understanding of the issues that warriors face makes *War Trauma and Its Wake* a crucial book for understanding the military experience, and the lessons contained in its pages are essential for anyone committed to healing war trauma.

SELECTED CONTENTS: **Foreword.** *Scurfield, Platoni*, An Expanding Circle of Healing: Warriors and Civilians Impacted by War. *Scurfield, Platoni*, Myths and Realities about War, Its Impact, and Healing. **Part I: Warriors Impacted by War.** *Rabb, Rasmussen*, Citizens/Warriors: Challenges Facing U.S. Army Reserve Soldiers and Their Families. *Courage*, Army National Guard Warriors: A Part-Time Job Becomes a Full-Time Life. *Wilmot*, Women Warriors: From Making Milestones in the Military to Community Reintegration. *Brock, Passey*, The Canadian Military and Veteran Experience. **Part II: Special Populations of Wounded Warriors.** *Rigg*, Traumatic Brain Injury and Post Traumatic Stress: The "Signature Wounds" of the Iraq and Afghanistan Wars. *Lawrence*, Physically Wounded and Injured Warriors and Their Families: The Long Journey Home. *Jensen*, Military Suicidality and Principles to Consider in Prevention. *Rasmussen, Zaglifa*, Military Sexual Trauma. *Simerly*, Veterans Involved With the Criminal Justice System: Clinical Issues, Strategies, and Interventions. **Part III: Civilian Populations Impacted by War.** *Dawoody*, Iraqi Civilians and the Recycling of Trauma. *Badkhen*, Afghan Civilians: Surviving Trauma in a Failed State. **Part IV: Military and Resiliency Initiatives.** *Hallman, Pischke*, U.S. Army Combat and Operational Stress Control: From Battlemind to Resiliency, Debriefings, and Traumatic Event Management. *Reyes*, Enhancing Resiliency Through Creative Outdoor/Adventure and Community-Based Programs. *Morley, Anderson, O'Hara*, ArtReach: Project America and Other Innovative Models in Civilian-Military Partnering. *Purinton*, Military Chaplains' Roles in Healing: "Being Here and There." *Medina*, **Afterword:** A Surviving Spouse Speaks. **Epilogue.**

September 2012: 368 pp.

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Healing War Trauma

A Handbook of Creative Approaches

Edited by Raymond M. Scurfield and Katherine T. Platoni

Healing War Trauma details a broad range of exciting approaches for healing from the trauma of war. The techniques described in each chapter are designed to complement and supplement cognitive-behavioral treatment protocols—and, ultimately, to help clinicians transcend the limits of those protocols.

For those veterans who do not respond productively to—or who have simply little interest in—office-based, regimented, and symptom-focused treatments, the innovative approaches laid out in *Healing War Trauma* will inspire and inform both clinicians and veterans as they chart new paths to healing.

SELECTED CONTENTS: **Part I: Surviving Both War and the Battles Back Home.** *Rabb*, Introduction. *Scurfield, Platoni, Rabb*, Survival Modes, Coping, and Bringing the War Home: From Vietnam to Iraq and Afghanistan. *Zacchea*, Veterans' Advocacy: Social Justice and Healing Through Activism. **Part II: Culture-Specific and Community-Based Approaches.** *Wilson*, Culture-Specific Pathways to Healing and Transformation for War Veterans Suffering PTSD. *Valdes*, The Journey Home From War: The Quilt and Pillow Pal Ceremony. *Csandl*, Veterans' Sanctuary: The Journey to Open a Therapeutic Community. **Part III: Expressive-Experiential Approaches.** *Wise, Nash*, Metaphor as Heroic Mediator: Imagination, Creative Arts Therapy, and Group Process as Agents of Healing With Veterans. *Capps*, Writing by Service Members and Veterans: A Medium to Promote Healing in Self and Others. *Daniels*, War-Related Traumatic Nightmares as a Call to Action. **Part IV: Mind-Body Approaches.** *Mizuki*, Mindful-Awareness Practice to Foster Physical, Emotional and Mental Healing with Service Members and Veterans. *Platoni*, Hypnotherapy in the Wartime Theater and Afterwards: OIF, OEF and Beyond. *Kirsch*, Cranial Electrotherapy Stimulation (CES) with Alpha-Stim Mild Electrical Triage of the Brain with War Veterans. **Part V: Animal-assisted/Outdoor Approaches.** *Cortani*, Service Dogs and Other Canine Assistance Services for Wounded Warriors. *Buckley, Raulerson*, Back in the Saddle and SCUBA Warriors: Innovative Therapies to Healing. **Part VI: Technological/ Web-based Approaches.** *Casura*, Healing Combat Trauma: The Website, the Vision, the Impact. *Rizzo*, SIMCOACH: An Online Intelligent Virtual Human Agent System for Breaking Down Barriers to Care for Service Members and Veterans. **Part VII: Other Creative Approaches.** *Scurfield, Platoni*, Resolving Combat-related Guilt and Responsibility Issues. *Williams*, Slogging the Bog of War to Return to the World of Work. *Lanham, Pelletier*, Spirituality in Facilitating Healing From War Trauma. *Scurfield, Platoni*, **Afterword.**

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