

LOVE SHOULDN'T HURT.

ABUSE CAN BE VERBAL,
PHYSICAL OR SEXUAL.
SOMETIMES YOU CAN'T
SEE THE SIGNS.
BUT IT IS NEVER OK.

Visit www.OhioAttorneyGeneral.gov
or call **800-582-2877** for more
tips about your rights if you think you
are a victim of abuse.



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TIPS FOR HEALTHY TEEN DATING:

- Establish personal boundaries and make your own decisions about touching and sex.
- Avoid yelling at or putting each other down. Treat each other with respect.
- Constant phone calls or 24/7 text messages like "Where are you?" and "You better IM me back or else" could be signs of controlling behavior and emotional abuse.
- Don't be forced to give up your own friends or interests.
- Don't allow the person you are dating to control, manipulate or humiliate you.
- You always have the right to end an abusive relationship. If you decide to break up in person, do it in a public place or ask someone you trust for help in making a safe plan.
- Talk to friends if you see them being abused or if they are abusing others.

If you have concerns about the safety of your relationship or a friend's relationship, call the National Teen Dating Abuse Helpline at **866-331-9474** or visit **loveisrespect.org**.