



Ohio Peace Officer Basic Training Physical Fitness Requirements Chart Effective 1/1/2017

Age and Sex Minimum Scores				
	Males (<29)		Females (<29)	
	<u>Pre-entrance Assessment</u> 15 th %	<u>Final Assessment</u> 50 th %	<u>Pre-Entrance Assessment</u> 15 th %	<u>Final Assessment</u> 50 th %
Sit-ups (1 min.) Push-ups (1 min.) 1.5 Mile Run	32 19 14:34	40 33 11:58	23 9 17:49	35 18 14:07
	Males (30-39)		Females (30-39)	
	<u>Pre-entrance Assessment</u> 15 th %	<u>Final Assessment</u> 50 th %	<u>Pre-entrance Assessment</u> 15 th %	<u>Final Assessment</u> 50 th %
Sit-ups (1 min.) Push-ups (1 min.) 1.5 Mile Run	28 15 15:13	36 27 12:25	18 7 18:37	27 14 14:34
	Males (40-49)		Females (40-49)	
	<u>Pre-entrance Assessment</u> 15 th %	<u>Final Assessment</u> 50 th %	<u>Pre-entrance Assessment</u> 15 th %	<u>Final Assessment</u> 50 th %
Sit-ups (1 min.) Push-ups (1 min.) 1.5 Mile Run	22 10 15:58	31 21 13:11	13 5 19:32	22 11 15:24
	Males (50-59)		Females (50-59)	
	<u>Pre-entrance Assessment</u> 15 th %	<u>Final Assessment</u> 50 th %	<u>Pre-entrance Assessment</u> 15 th %	<u>Final Assessment</u> 50 th %
Sit-ups (1 min.) Push-ups (1 min.) 1.5 Mile Run	17 7 17:38	26 15 14:16	7 4 (modified) 21:31	17 13 (modified) 17:13
	Males (60+)		Females (60+)	
	<u>Pre-entrance Assessment</u> 15 th %	<u>Final Assessment</u> 50 th %	<u>Pre-entrance Assessment</u> 15 th %	<u>Final Assessment</u> 50 th %
Sit-ups (1 min.) Push-ups (1 min.) 1.5 Mile Run	13 5 20:12	20 15 15:56	2 1 (modified) 23:32	8 8 (modified) 18:52

Students must pass each event, at the minimum 15th percentile of the above standards, in order to be eligible to attend the Peace Officer Basic Training Course. Students must pass each event, at the minimum 50th percentile of the above standards, in order to be eligible for the state certification exam.