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MEDICAL EXTENSION PHYSICAL FITNESS ASSESSMENT REQUEST FORM

FREQUENTLY ASKED QUESTIONS

What is the MEDICAL EXTENSION PFA?
The MEDICAL EXTENSION PFA (MedEx PFA) is a new policy directive requiring Peace Officer Basic Training (POBT) students that have received a medical extension to perform their Physical Fitness Assessment (PFA) at the Ohio Peace Officer Training Academy (OPOTA) London Campus. MedEx PFA was formerly known as the OPOTA PFA.

Who is covered under the new MEDICAL EXTENSION PFA policy?
All POBT students that have been granted an OPOTC Medical Extension for the delay of their course required Physical Training Assessment due to a physical injury or disability as diagnosed by their attending physician.

When does the new MEDICAL EXTENSION PFA policy take effect?
The new MedEx PFA policy will apply to all MedEx PFA that take place on or after August 1, 2009.

What happens if a Student fails to successfully complete their required PFA?
If a student does not successfully complete the PFA, including any makeup and retest, within one year from their school start date, the student will not be permitted to sit for the Ohio Peace Officer Basic Certification Examination.

Who is the main point of contact regarding the MEDICAL EXTENSION PFA?
All questions and correspondence relating to the MedEx PFA should be directed to the attention of;

Mr. James D. Daniels
MedEx PFA Coordinator
P.O. Box 309
London, OH 43140

PHONE: 740-845-6304 FAX: 740-845-6318
EMAIL: james.daniels@ohioattorneygeneral.gov

How do I schedule the MEDICAL EXTENSION PFA?
The MedEx PFA is scheduled through the student's respective Commander. The Commander will submit the MEDICAL EXTENSION PFA REQUEST FORM to the MedEx PFA Coordinator via the contact information listed above.

Will the OPOTC PHYSICAL FITNESS ASSESSMENT MEDICAL RELEASE FORM still need to be submitted prior to the PFA?
Yes. Students must submit a copy of their medical release/authorization to participate to their Academy Commander before the MedEx PFA can be scheduled. The Student must bring the original release form, signed and stamped by the attending physician, to their scheduled MedEx PFA in London, Ohio.

How far in advance should the MEDICAL EXTENSION PFA be scheduled?
Students must be pre-registered at least two weeks in advance of the requested MedEx PFA test date; however, due to slot limitations Commanders should schedule the MedEx PFA as soon as circumstances allow.

What MEDICAL EXTENSION PFA test dates are available for scheduling in 2014?
MedEx PFA requests may be submitted for any of the test dates shown below;

Jan. 13 & 27	July 28
Feb. 10 & 24	Aug. 11 & 25
March 10 & 31	Sept. 8
April 14 & 29	Oct. 6 & 27
May 27	Nov. 10 & 24
June 2 & 23 & 30	Dec. 8 & 29

Where exactly do Students report on the day of their scheduled MEDICAL EXTENSION PFA?
Students must report to the main lobby of the Ohio Peace Officer Training Academy located adjacent to Ohio BCI Headquarters. The address is:

1650 State Route 56, SW
London, OH

What time do students report for their scheduled MEDICAL EXTENSION PFA?
Students must be in the OPOTA London campus main lobby no later than 0930 on their scheduled test date. Tardiness will result in an automatic failure.

Will students that have not registered in advance be allowed to show and participate in the MEDICAL EXTENSION PFA unannounced?
No. Students must request a test date from the MedEx PFA Coordinator through their respective Commanders. Requests should note a primary and secondary test date preference.

If a student was scheduled to attend the MEDICAL EXTENSION PFA and is late or fails to show, is that counted as an automatic failure?
Yes. Students must notify their Commander and the MedEx PFA Coordinator at least 24hrs prior to their scheduled MedEx PFA show time. The Commander must then re-submit the MEDICAL EXTENSION PFA REQUEST FORM to the MedEx PFA Coordinator. All re-scheduling requests are granted at the discretion of the OPOTC Executive Director.

How do I know what MEDICAL EXTENSION PFA test date I have been given?
The MedEx PFA Coordinator will notify the respective Commander of the approved test date. If a test date has been coordinated by phone, the MEDICAL EXTENSION PFA REQUEST FORM must still be submitted.

Can the student bring family or friends along to observe their PFA?
No. Visitors or unauthorized personnel with not be allowed to accompany students during sign-in or assessment, and will not be permitted to wait for the student on OPOTA grounds.

Can a student bring a pacer to assist them in the 1.5 mile run?
Yes. A trained pacer may accompany the student around the track during the actual test, however, no contact may occur between the pacer and the testing student. Please note that a trained pacer is defined as a certified physical fitness instructor or a student from the same class. Notification must be made to the MedEx PFA Coordinator in advance that a student is bringing a pacer to the Medical Extension Physical Fitness Assessment, including the pacer's name and BAS school number. Pacers that do not meet the listed criteria will not be allowed to participate.

Can the student's Academy Commander attend the PFA should they desire?
Yes. The Academy Commander is the *only* individual (other than a pacer) authorized to accompany the student during the MedEx PFA.

Will students or their respective academy be reimbursed for travel related expenses?
No. The student will bear responsibility for all personal costs associated with attending the MedEx PFA in London.

How long will the MEDICAL EXTENSION PFA last?
Students should allow at least 3 hours from the 0930 report time to the completion of the MedEx PFA.

Do Commanders follow existing policies and procedures regarding the request of a medical extension?
Yes. Commanders will continue to submit medical extension requests and related documents for the consideration of the OPOTC Executive Director.

Will there be new versions of the OPOTC Medical Extension Request Forms?
Yes. An updated version of the Medical Extension Request form will be released in the near future. Until then, Commanders should continue to use existing documents. The OPOTC PHYSICAL FITNESS ASSESSMENT MEDICAL EXAMINATION FORM submitted with Medical Extension Requests should still be completed in its entirety prior to submission, to include the physician's signature and office stamp.

What Emergency Medical Services will be available during testing?
London EMS will respond to calls for service should a situation arise in which a student requires medical assistance.

Will students be reimbursed for costs associated with medical bills that may result from an injury received during the MEDICAL EXTENSION PFA?
No. All previously signed liability waivers remain in full effect.

What are student's required to bring with them on test day?
The following items ***must*** be in the possession of the student when they report to OPOTA at 0930 on test day for MedEx PFA sign-in. Students ***will not*** be permitted to take part in the MedEx PFA if they are missing ***any*** of the items prescribed below;

MEDICAL EXTENSION PFA REQUIRED ITEMS

1. A valid driver's license to be presented to OPOTA staff during sign-in.
2. Proper clothing and footwear necessary to complete the MedEx PFA in both indoor and outdoor conditions. Students must be dressed and ready to participate at the 0930 sign-in.
3. The ***original*** OPOTC PHYSICAL FITNESS ASSESSMENT MEDICAL RELEASE FORM, signed and stamped by the student's attending physician, authorizing MedEx PFA participation.
4. At least one bottled water or appropriate sports beverage in a plastic bottle or spill proof container. Students must have this item accessible during all portions of the MedEx PFA. This item *may not* be available for purchase on OPOTA grounds.
5. Transportation. Portions of the MedEx PFA may be conducted at OPOTA facilities with the "run" portion taking place off-site. Students are responsible for transportation between these facilities.

Students scheduled to perform the MEDICAL EXTENSION PFA must notify their Commander and the MEDICAL EXTENSION PFA Coordinator immediately if they experience any change in health that may affect their ability to safely participate in the MEDICAL EXTENSION Physical Fitness Assessment. All portions of the previously signed OPOTC STUDENT WAIVER OF LIABILITY AND INDEMNITY AGREEMENT remain intact and in effect. The OPOTC, OPOTA, the Office of the Attorney General, their staff, and the State of Ohio (Releasees) remain relieved of all liability associated with the MEDICAL EXTENSION PFA. The student continues to be held to the aforementioned agreement which contains a waiver of liability, an assumption of risk, and an agreement by the student to release and indemnify the Releasees. The student, without equivocation, continues to release the Releasees from any and all liability and further agrees to indemnify the Releasees from any loss, liability, damage, or cost, including reasonable attorneys fees, that may occur due to their participation in the MEDICAL EXTENSION PFA or in any medical procedure arising out of or related to their participation in said program, whether or not such loss, liability, damage, or cost results from the negligence or other action or intentional acts of any of the Releasees or any third party.