



**SUBJECT CONTROL PROFICIENCY TESTING RECORD**  
Curriculum Code PSA-040

STUDENT NAME: \_\_\_\_\_

SCHOOL NAME: \_\_\_\_\_ SCHOOL NUMBER: \_\_\_\_\_

		Enter P or F Only				Enter P or F Only	
SPO	ACTION	TEST #1	TEST #2	SPO	ACTION	TEST #1	TEST #2
#1	<b>SUBJECT APPROACH AND CONTROL</b>			#5	<b>GROUND DEFENSE</b>		
	Body alignment				Defend against takedowns		
	Positioning				Ground defense position		
	Situational awareness				Basic movements (i.e., stand-up, bridge to knees, hip escape)		
	Escort/control holds				Mount		
	Pain compliance				Back mount		
	Weapon transitions				Side control		
	Guard						
#2	<b>STRIKES</b>			#6	<b>ESCAPES FROM BODY LOCKS &amp; HOLD RELEASES</b>		
	Strike defense				Choke/strangle escapes		
	Upper body strikes				Body lock/clinch escapes		
	Lower body strikes				Head lock escapes		
Combinations							
#3	<b>TAKEDOWNS</b>			#7	<b>WEAPON ENCOUNTER DEFENSES</b>		
	From limb control				Shot avoidance		
	From a body lock/clinch position				Edged weapon defense		
	Two officer takedowns				Impact weapon defense		
Stabilization/control for handcuffing							
#4	<b>HANDCUFFING</b>			#8	<b>ENVIRONMENTAL WEAPONS</b>		
	Searches				Ground defense		
	Standing				Weapon retention		
	Kneeling			Strangle defense			
	Prone			#9	<b>PRACTICAL APPLICATION SCENARIO</b>		
De-cuffing	Write a narrative based on that scenario						

\_\_\_\_\_  
INSTRUCTOR SIGNATURE

OPOTC #: \_\_\_\_\_

COMMANDER/ADMINISTRATOR SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**NO STAMPS / ORIGINAL SIGNATURES ONLY**